

of any animal products (meat or dairy) during the entire period of the Great Fast. Additionally, one traditionally only ate one meal a day during weekdays and that preferably was eaten after sundown (or after the vespers service or Presanctified Liturgy). These fasting rules are admittedly difficult. One should do what one is able to at least keep in the spirit of the Great Fast. Remember: Fasting is not an end in itself, it should lead to greater prayer and a greater realization of our own weakness and need for God's mercy.

HAVING SUFFERED THE PASSION FOR US, JESUS CHRIST,  
SON OF GOD, HAVE MERCY ON US!



**MARCH 05, 2023  
@ FIVE O'CLOCK  
HOLY TRINITY**

**GREAT VESPERS ON  
THE SUNDAY OF  
ORTHODOXY**

CHIEF CELEBRANT & HOMILIST  
Bishop Andrei, PhD  
of Cleveland, Vicar Bishop to  
the Romanian Episcopate, OCA

EVERYONE IS WELCOME  
All are Encouraged  
to bring Holy Icons & hold  
them up during the procession

Join us at Holy Trinity Orthodox Church  
6822 Broadview Road, Parma, Ohio 44134

orthodoxcleveland.us



# The Wonderworker

Monthly Bulletin for  
**St. Nicholas Pro-Cathedral**  
*Ukrainian Orthodox Church of the USA*

2101 Quail St. • Lakewood, OH 44107 • 216-226-5506

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Dean: V. Rev. Father Dennis Kristof  
Council President: Reader Joseph Stolitzal



*Welcome to our parish. We invite you to worship with us again.*

## March, 2023

**Glory to Jesus Christ!  
Slava Isusu Khristu!**

**Glory Forever!  
Slava na v'iki!**

## **Schedule of Services** **(February 26—April 2, 2023)**

### Sunday, February 26

**Cheesefare Sunday, Sunday of Forgiveness, The Expulsion of Adam & Eve from the Garden of Eden, Resurrectional Tone 4; Our Holy Father-Among-the-Saints, Porphyrius, Bishop of Gaza (420). The Holy Martyr Sebastian (1<sup>st</sup> c.). The Holy Woman-Martyr Photeine the Samaritan Woman and Her Companions**

10:00 a.m. - The Divine Liturgy of St. John the Golden-Mouth  
Prayer for the Beginning of the Great Fast

### Sunday, March 5

**The First Sunday of the Great Fast, The Triumph of Orthodoxy, Resurrectional Tone 5; The Holy Martyr Konon of Isauria; Virgin-Martyr Irais (Rhais) of Antinoe in Egypt**

9:30 a.m. - The Public Chanting of the Prayers of Preparation for the Holy Mystery of Repentance Followed by an Examination of Conscience and Concluded by Individual Absolutions

10:00 a.m. - The Divine Liturgy of St. John the Golden-Mouth  
5:00 p.m.—Sunday of Orthodoxy Pan-Orthodox Vespers  
Holy Trinity Church, 6822 Broadview Road in Parma  
His Grace Bishop ANDREI, guest homilist.

### Sunday, March 12

**The Second Sunday of the Great Fast in which our Holy Father-Among-the-Saints, Gregory Palamas, Archbishop of Thessalonika is Commemorated, Resurrectional Tone 5; Our Venerable Father Theophanes the Confessor, of Sigriane (818); Our Holy Father-Among-the-Saints, Gregory the Dialogist, Pope of Rome (604); Our Venerable Father**

**Simeon the New Theologian (1021)**  
10:00 a.m. - The Divine Liturgy of St. John the Golden-Mouth

**Sunday, March 19**

**The Third Sunday of the Great Fast in which the Honorable and Life-Creating Cross of our Lord is Venerated; Resurrectional Tone 6; The Holy Martyrs Chrysanthus and Daria, and those with them at Rome**

10:00 a.m.— Cross Procession & Veneration  
The Divine Liturgy of St. Basil the Great

**Saturday, March 25**

**The Annunciation of Our Most-Holy Lady, the Birthgiver-of-God and Ever-Virgin Mary**

10:00 a.m.—The Divine Liturgy of St. John the Golden-Mouth  
Holy Anointing Мирование

**Sunday, March 26**

**The Fourth Sunday of the Great Fast in which Our Venerable Father, John, "Author of the Ladder," is commemorated, Resurrectional Tone 7; The Final Day of the Annunciation, Gathering for the Archangel Gabriel**

10:00 a.m.— The Divine Liturgy of St. Basil the Great

**Sunday, April 2**

**The Fifth and Final Sunday of the Great Fast in which Our Venerable Mother, Mary of Egypt, is Commemorated, Resurrectional Tone 8; Our Venerable Father Titus the Wonderworker (9<sup>th</sup> c.); The Holy Venerable Martyr Paul, the Rusyn Captive**

9:30 a.m. - The Public Chanting of the Prayers of Preparation for the Holy Mystery of Repentance Followed by an Examination of Conscience and Concluded by Individual Absolutions

10:00 a.m. - The Divine Liturgy of St. John the Golden-Mouth

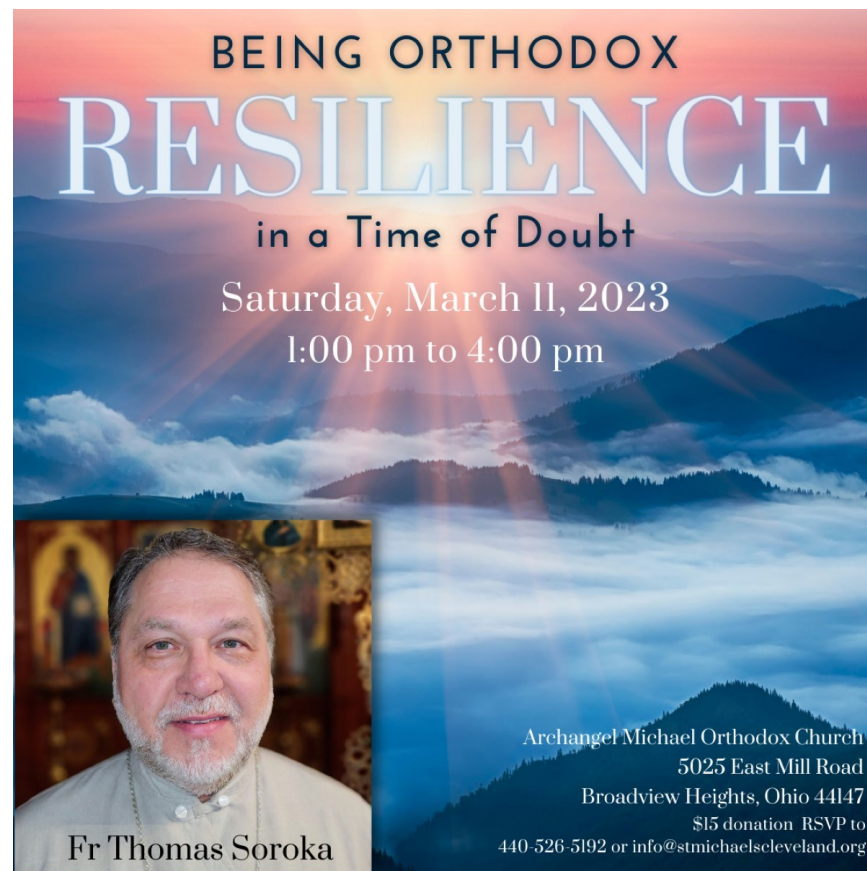
**March Milestones** - Birthdays: 15, Lucas & Rafael Santos; 26, Pani Barbara Kristof; 27, Isaac West & Joe Stolitza. May God grant them and their families peace, health, salvation and longevity for many, blessed years, на многая і благая літа!

The Ukrainian Orthodox Church of the USA is fundraising to provide HUMANITARIAN AID to the people of Ukraine. The Ukrainian people need our support! However, beware of the many scam organizations that are popping up to exploit this situation. One way to be sure that your donation will go to the people of Ukraine and to where it is most needed is to offer your donations through the Consistory of the UOC of the USA: You can donate on uocofusa.org, or through Paypal directly <https://bit.ly/3t3K3wb>. Checks can also be mailed to UOC of USA, Attn: UA Aid, PO Box 495, So. Bound Brook, NJ 08880.


**Superbowlsky 19**

Many thanks to all who contributed to this annual event. May God grant you many, blessed years, на многая і благая літа!

**TODAYS' FEAST:** The Church calls this **Forgiveness Sunday** because we are expected to forgive others if we expect forgiveness from God for our own sinfulness. The traditional fasting rules are no eating



**BEING ORTHODOX**  
**RESILIENCE**  
in a Time of Doubt  
Saturday, March 11, 2023  
1:00 pm to 4:00 pm



Fr Thomas Soroka

Archangel Michael Orthodox Church  
5025 East Mill Road  
Broadview Heights, Ohio 44147  
\$15 donation RSVP to  
440-526-5192 or [info@stmichaelseleveland.org](mailto:info@stmichaelseleveland.org)

**THE IOCC CLEVELAND METROPOLITAN COMMITTEE**  
*invites you to the*  
**31st Annual Banquet**  
Monday, May 8, 2023  
Dinner 6:00 pm

**WOODSIDE EVENT CENTER  
AT ST. MICHAEL'S**  
5025 E. Mill Rd. | Broadview Heights, OH 44147

Learn how your support is helping families in places like Ukraine, Greece, Syria, Ethiopia, and right here in the US.

Questions? Contact Diane Hastings  
at [dianeastings3@gmail.com](mailto:dianeastings3@gmail.com)  
or 440.364.6045



## Prayer for the Beginning of the Great Fast

Lord Jesus Christ our God, Hope of all to the very bounds of the earth and those far off upon the sea and air: You have established these holy days of fasting through Your Law and Prophets, as a way for our discipline and repentance.

In the fullness of time You manifested Yourself in the flesh on this earth, and by Your fast of forty days and nights, You sanctified the practice of fasting and commanded us to follow Your example. As a Merciful and Gracious God enable us to begin these holy days of the Great Fast with perfect repentance, with humility rather than hypocrisy, with diligent prayer, with hunger and thirst, with frequent prostrations, and with a contrite heart. Enable us also to complete this time of the Great Fast without fault and a pure conscience, keeping our faith intact and achieving victory over sin.

Send us an angel of peace to watch over our lives, to protect us from all the snares of our enemies, and to assist us in the performance of good deeds. Strengthen us by Your Power so that we may accomplish the ascetic works of the Great Fast. Then with our passions crushed and our souls and bodies cleansed, we will be worthy to partake, without condemnation, of Your Most-Pure Body and Most-Precious and Life-Giving Blood.

For You are the gracious and merciful Lover-of-Humanity Who has come to come to save all, and we glorify You, together with Your Father without beginning, and Your All-Holy, Good, and Life-Creating Spirit, now and ever, and to the ages of ages. Amen.

## Prayer of Saint Ephraim the Syrian

*This is the Orthodox Lenten Prayer. It should be said every day, from Sunday night through Thursday night, during the Lenten Season. It is not used during Holy Week.*

Lord and Master of my life, take from me the spirit of sloth, despair, lust of power and idle talk.  
**(Prostration)**

But give rather the spirit of chastity, humility, patience and love to Your servant. **(Prostration)**

Yes, Lord and King, grant that I may see my own transgressions and not to judge my neighbor, for blessed are You to the ages of ages. Amen.  
**(Prostration)**

*Then the following "Prayer of the Publican" is said with a deep bow after each line. It is repeated 4 times to make a total of 12 bows:*

God, be merciful to me a sinner. (+Bow)

God, cleanse me of my sins and have mercy on me. (+Bow)

Lord, forgive me for I have sinned without number. (+Bow)

*Now the prayer of Saint Ephraim is said again but with only one prostration made at the end:*

Lord and Master of my life, take from me the spirit of sloth, despair, lust of power and idle talk.

But give rather the spirit of chastity, humility, patience and love to Your servant.

Yes, Lord and King, grant that I may see my own transgressions and not to judge my neighbor, for blessed are You to the ages of ages. Amen.  
**(Prostration)**